

## Free Financial Coaching Available To You!

How Do I Maximize My Paycheck?  
What's the Best Way to Manage My Debt?  
How Can I Build My Savings?

Have questions about how to manage your finances during these uncertain times? You're not alone!

Your local United Way has teamed up with Neighborhood Trust Financial Partners to offer TrustPlus financial counseling **FREE** of charge to all Connecticut residents.

TrustPlus offers financial counseling online or by phone, and can help with challenges such as navigating inflation, dealing with creditors, finding a way to save, and more.

TrustPlus is already helping Connecticut residents with:



**BUDGETING** – TrustPlus financial coaches help clients stretch their money using daily budgeting strategies that maximize paychecks and offset the cost of inflation.



**LOANS AND DEBTS** – Coaches are experts on debt management and repayment strategies, which help clients take control of their debt.



**EMERGENCY FUNDS** – Coaches help clients build rainy day savings, as well as navigate options for emergency funding.



**AVOID PAYDAY LOANS** – Coaches can suggest alternatives to costly payday loans to keep debt in check during uncertain times.

## Get Started Today

Get back on track towards financial stability with your first free 30-minute session at a time convenient for you! TrustPlus is a free lifetime service provided in partnership with United Way.

Text **AliceSaves** to **645-349-5959** to set up your first session.