



WE ARE
Meals On Wheels
So no senior goes hungry.

Senior Nutrition Services

CENTRAL NAUGATUCK VALLEY REGION
232 NORTH ELM STREET • WATERBURY, CT 06702 • 203.757.7738

HOUSATONIC VALLEY REGION
54 MAIN STREET • DANBURY, CT 06810 • 203.743.5418

Transforming Lives: The Rewards and Benefits of Planned Giving

When you give to Meals on Wheels, you know you're making a concrete difference in the lives of homebound seniors in our community. They may be friends, relatives or neighbors in your neighborhood who are struggling to maintain a measure of independence.

In the Central Naugatuck Valley and Housatonic Valley region more than 387,930 meals are delivered each year to homebound individuals. As a non-profit organization, Meals-on-Wheels relies on support from the community, municipalities and other supporters.

While the program does receive some state and federal funding, Sequestration—across-the-board cuts in federal aid—is forcing our Meals on Wheels program to cut back at a time when the number of seniors in need is growing significantly. Rising costs further threaten our ability to maintain the scope of these services.

Your generous donation will help our Meals on Wheels program serve a greater number of older adults, thus continuing our mission of

supporting the independence, health, and well-being of older adults - wherever they call home.

While cash is the easiest gift and provides the maximum deduction, Meals on Wheels has a number of **planned giving options** that help you tailor your gift of cash or other assets to suit your circumstances so you can make a much greater gift than you thought possible.

We are a designated tax-exempt under section 501(c)3 of the Internal Revenue Code. Contributions are tax-deductible to the fullest extent of the law.

Over the next few months our newsletters will present information on the various types of planned gifts you can make.

The benefits you'll discover are substantial.

If you would like information on **planned giving**, contact Lisa LaBonte today at 203.575.4208 or llabonte@NewOppInc.org.



We extend a special thank you to the following clients who recently donated over the suggested amount to Meals on Wheels:

Frances and Ruth Barton
Virginia Pandiscia
Lucy Podhorski

And to non-client donors:

Steven Jacob
In memory of
Rose Lefebvre

Arthur Levy
In honor of his father

Louis and Donna
Rebstock
In memory of
Lillian Lawrence

Their generous contributions to Meals on Wheels will help us serve more meals!

COLUMBUS DAY CLOSING
Monday
October 14, 2013

Survey Says

The results are in!
We asked you, our clients, to rate the quality and taste of your meals; if the delivery service was satisfactory.



About The Meals:

Over 67% of those surveyed rate the taste of their meals good to excellent; while 31% find it fair.

Additionally

- ◆ 66% find the variety of food from excellent to good; 31% rate it as fair.
- ◆ Meals are received in good condition upon arrival by 94% of the respondents.
- ◆ More than half (60%) report they wait an hour or more before eating their meal. Of those who wait, 95% refrigerate their meal; 3% freeze it while 2% report leaving it on the countertop (NOT recommended!).
- ◆ Overall, 27% rate MOW “excellent”; 56%: “good” and 16%: “fair.”

Here’s what you told us:

About The Driver:

We are pleased to report that our drivers have been deemed both courteous and helpful by 99% of our respondents.

Additionally ..

83% report their meals arrive about the same time most days.

Thank you for your input! The information will enable us to better serve our clients.

A Special Thank You to Our Benefactors ..

We are pleased to announce NOI as the recipient of the **Silver Award** from the **Meals on Wheels Association (MOWA)** for our “March on Meals” initiative, bequeathing Meals on Wheels a grant of \$1,000.

We are additionally grateful to **Wal-Mart of Danbury** for its recent grant of \$1,500 in support of Meals on Wheels.

This funding will go far in helping our program provide meals to the many Meals on Wheels clients who rely on this service.