












November 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Philly Cheese Steak on Roll with sautéed onion & peppers Steak fries Mixed vegetables Cran-apple juice Fruited Jell-O/topping</p>	<p>Election Day 3 Italian wedding soup Apricot chicken qtr. Rice pilaf Roman blend Wheat bread Pears</p>	<p>4 Vegetable quiche Bean blend Sweet potato tots Wheat dinner roll Apple juice Carrot cake</p>	<p>5 Sliced turkey/gravy Baked potato Broccoli Cranberry sauce Biscuit Peach cobbler</p>	<p>6 Light crunch fish Tartar sauce Cauliflower au gratin Peas Wheat bread Fresh fruit</p>
<p>9 Dijon Pork Cut sweet potato Okra and tomato Rye bread Fresh fruit </p>	<p>VETERAN'S SPECIAL All-American Burger on roll with tomato, pickle, and ketchup Coleslaw Baked Beans Apple Pie </p>	<p>11 CENTER CLOSED  Veterans Day</p>	<p>12 Pasta fagioli soup Seafood salad plate w/ lettuce, tomato Cucumber, tomato and barley salad Portuguese roll Fresh fruit</p>	<p>13 Mexican chicken Rice Bean blend Wheat dinner roll Grape juice Marble cake</p>
<p>16 Stuffed pepper Basmati rice Carrots Wheat bread Pineapple </p>	<p>Thanksgiving Special 17 Roast Turkey with Giblet Gravy Savory stuffing Cranberry sauce Sweet potatoes Peas, carrots, corn Corn bread Pumpkin pie</p>	<p>18 Eggplant rolatini Penne pasta with sauce Fresh zucchini Parmesan cheese Italian bread Cranberry juice Diet fruited Jell-O w/ topping</p>	<p>Happy Birthday! 19 Stuffed chicken with supreme sauce Roasted potato Acorn squash Wheat dinner roll Birthday Cake</p>	<p>20 Corn chowder Fish w/ Florentine sauce Baked sweet potato Riviera blend veggies Rye bread Fresh fruit</p>
<p>23 Baked chicken qtr. Macaroni & cheese Green beans Wheat dinner roll Apple juice Mixed berry crisp</p>	<p>24 Cheese baked ziti Fresh zucchini Tossed salad with tomato & Italian dressing Italian bread Peaches</p>	<p>25 Pork loin w/ gravy Mashed Potato California Blend Rye bread Fresh fruit </p>	<p>Center Closed 26  Happy Thanksgiving</p>	<p>Center Closed 27 </p>
<p>30 Minestrone soup Tuna salad on roll Lettuce and tomato Marinated beet salad Mandarin oranges</p>	<p></p>	<p>Indicates Lower-fat, Lower sodium Meals </p>	<p>Don't forget to vote  on November 3rd</p>	<p></p>





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