



# MENU- NOVEMBER 2015

Tuesday
<p><b><u>Tuesday – November 3<sup>rd</sup></u></b> Cucumber Salad; Swedish Meatballs; Buttered Egg Noodles; Zucchini &amp; Summer Squash; Sliced Pears and whipped cream *** <b>The Chef will be in Southbury</b></p>
<p><b><u>Tuesday – November 10<sup>th</sup></u></b> Turkey Veggie Soup; Roasted Garlic Pork Loin w/ Sweet &amp; Sour Red Cabbage; Potato Pancakes; Buttered carrots; Apple Dumpling w/Maple cinnamon Sauce *** <b>The Chef will be in Southbury</b></p>
<p><b><u>Tuesday- November 17<sup>th</sup></u></b> Spinach Salad; Meat Lasagna; Garlic Bread; Mixed Vegetables; pineapple cubes *** <b>The Chef will be in Woodbury</b></p>
<p><b><i>Thanksgiving Lunch</i></b> <b>Tuesday – November 24<sup>th</sup></b> Mushroom Soup; Roast Turkey with Stuffing and Cranberry Sauce; Mashed Potatoes; Broccoli; Pumpkin Pie *** <b>The Chef will be in Woodbury</b></p>


Thursday
<p><b><u>Thursday – November 5<sup>th</sup></u></b> Broccoli and Blue Cheese Soup; Chicken Breast Dijon; Baked Sweet Potato; Green Beans; Devil's Food cake with Chocolate Icing *** <b>The Chef will be in Southbury</b></p>
<p><b><u>Thursday – November 12<sup>th</sup></u></b> Greek Salad; Seafood Gumbo; White Rice; peas; orange wedges *** <b>The Chef will be in Southbury</b></p>
<p><b><u>Thursday – November 19<sup>th</sup></u></b> Minestrone Soup; Baked Salmon with Hollandaise Sauce; Quinoa Pilaf; Beets;  Birthday Cake *** <b>The Chef will be in Woodbury</b></p>
<p><b>Thursday – November 26<sup>th</sup></b> CLOSED </p>


Things to Know
<ul style="list-style-type: none"> <li>✓ Lunch is served at 12 Noon.</li> <li>✓ Watermark at East Hill will be preparing the meals at each Senior Center as scheduled on the menu.</li> <li>✓ Some of the produce served is grown locally at area farms. All meals include fresh baked rolls or sliced fresh baked bread.</li> <li>✓ The suggested donation ranges from \$3.50-\$5.00. Seniors can give less than \$3.50 or more than \$5.00.</li> <li>✓ Donations can be placed in the locked donation box located at your senior center.</li> <li>✓ Reservations are required. Sign up on the "MySeniorCenter" kiosk at your local Senior Center by 12 PM Wednesday for Thursday's meal, or by 12 PM Monday for the following Tuesday's meal.</li> </ul>
<p><b>Chef-On-Site is funded by Western CT Area Agency on Aging, CT Community Foundation &amp; your donations</b></p>

