

Meals on Wheels guarantees....

State of the Art Delivery—
Our program is the only home-delivery service in this area that offers thermostatically maintained meals.

Our temperature controlled refrigerator/oven delivery trucks and other special



food transport equipment, insure that your meals are delivered at safe food temperatures as required by the State of Connecticut.

232 North Elm Street
Waterbury CT 06702



NEW OPPORTUNITIES INC.
Building Relationships to End Poverty



**Greater Waterbury
Greater Danbury**

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Meals on Wheels provides...

- ◆ Two entrees—one light & one hearty—for each weekday, accompanied by milk, juice & bread
- ◆ A temporary answer to your nutritional needs while you are recovering from an illness/hospitalization.
- ◆ A long-term solution when limited mobility affects your ability to prepare your own meals.
- ◆ Staff trained with your needs in mind.
- ◆ Special arrangements for people under age 60 with qualifying conditions.



Meals on Wheels offers.....

Quality Nutrition—All menus are designed by a Registered Dietician to provide you with a variety of well-balanced, appetizing meals. A top-notch, professional caterer specializing in home-delivered services, prepares these flavorful dishes. In addition to providing regular meals, special diets or liquid nutrition as prescribed by your physician are available.

Special Care—With all of your meals hand-delivered, Meals on Wheels provides not only a daily meal, but a consistent

contact with your friendly meal deliverer to help keep you safe at home. Our trained, caring staff will schedule periodical visits with you to discuss your nutritional needs.

There are many other services available to participants and we will be pleased to help you contact other services or agencies.



"Daily contact, friendliness and human warmth".

Meals on Wheels is.....

- ◆ Quality nutrition
- ◆ Designed with older adults in mind
- ◆ A great value
- ◆ Support to help maintain independence
- ◆ Respite for caregivers
- ◆ Available in the:
Central Naugatuck Valley and
Housatonic Valley Regions

"Meals on Wheels Helps my mother stay independent in her home"

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